

# Recommended PPE for Carers/Staff (v19)

This guidance is intended for all care workers delivering care in people's homes (Domiciliary Care)

Setting	Context	Disposable Gloves	Disposable Plastic Apron	Disposable Fluid Repellent Gown	Fluid Repellent Surgical Mask (IIR)	Face Shield	FFP3 Mask
Caring for individuals within their own home	Undertaking an Aerosol Generating Procedure (AGP) on a customer who <b>is suspected or confirmed</b> of having an acute respiratory infection (ARI) (AGP - e.g., tracheotomy/tracheostomy)	✓ *single use	✓ *single use	✓ *single use (may be indicated instead of apron if risk of extensive splashing)	✗	✓ *single use	✓ single use* (the carer needs to be <u>fit tested</u> for a specific respirator and perform a fit-check to ensure correct fitting)
	Undertaking an Aerosol Generating Procedure (AGP) on a customer who <b>is not suspected or confirmed</b> of having an infection spread by the airborne or droplet route (AGP - e.g., tracheotomy/tracheostomy)	✓ *single use	✓ *single use	✓ single use* (may be indicated instead of apron if risk of extensive splashing)	✓ *single use	✓ *single use	✗
	Giving personal care to a customer who is suspected or confirmed of having an acute respiratory infection (ARI) <b>or</b> general cleaning duties in the room of a person with a suspected or confirmed acute respiratory infection (ARI)	✓ *single use (only wear if risk assessment indicates likely contact with blood, body fluids or chemicals/cleaning products)	✓ *single use (only wear if risk assessment indicates likely contact with blood, body fluids or chemicals/cleaning products)	✗ single use* (only wear by exception instead of apron if likely risk of extensive exposure to blood or body fluids)	✓ *single use	✓ *single use	✗
	For tasks other than those listed in the box directly above, at least when within 1 metre of a person suspected or confirmed of having an acute respiratory infection (ARI)	✓ *single use (only wear if risk assessment indicates likely contact with blood and body fluids)	✓ *single use (only wear if risk assessment indicates likely contact with blood and body fluids)	✗	✓ *single use	✓ *single use	✗
	Care or domestic task involving likely contact with blood or body fluids (giving personal care, handling soiled laundry, emptying a catheter or commode)	✓ single use*	✓ single use*	✗ single use* (only wear by exception instead of apron if likely risk of extensive exposure to blood or body fluids)	*single use Risk assess - if splashing likely	*single use Risk assess - if splashing likely	✗
	Care or domestic task not involving contact with blood or body fluids (moving clean linen, tidying, giving medication, writing in care notes)	✗	✗	✗	*single use As per risk assessment / or in line with customer preference	✗	✗
	General cleaning with hazardous products (disinfectants or detergents)	*single use (if risk assessment indicates likely contact with chemicals/cleaning products or if recommended by manufacturer of cleaning product)	*single use (if risk assessment indicates likely contact with chemicals/cleaning products or if recommended by manufacturer of cleaning product)	✗	*single use (if risk assessment indicates likely contact with chemicals/cleaning products or if recommended by manufacturer of cleaning product)	*single use (if risk assessment indicates likely contact with chemicals/cleaning products or if recommended by manufacturer of cleaning product)	✗

- 1) Always wash your hands when entering and exiting a customer's home, office, branch, or workplace and regularly between each different task you complete whilst supporting in the community.
- 2) \*Single use refers to disposal of PPE or decontamination of reusable items (e.g. face shield), after each person and/or following completion of a procedure, task or session.
- 3) PPE should be disposed of earlier if damaged, soiled, compromised, or uncomfortable. Hands should be washed every time when removing PPE. Discard used PPE into a plastic bag and tie securely. Place this bag into a black plastic bag, tie securely and dispose of it in outside bin.
- 4) Appropriate infection control measures should be documented within the relevant risk assessments for use by attending care workers.
- 5) For current guidance on infection prevention and control (IPC) in adult social care: acute respiratory infection (ARI) - <https://www.gov.uk/government/publications/infection-prevention-and-control-in-adult-social-care-acute-respiratory-infection/infection-prevention-and-control-ipc-in-adult-social-care-acute-respiratory-infection-ari>
- 6) Refer to SOP-005 - Infection Control Standard Operating Procedure for further details including hand decontamination, waste disposal and donning & doffing PPE (putting on and taking off).

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